# WELCOME TO BEEWISE BEHAVIOR ABA THERAPY

#### WHAT IS ABA THERAPY?

- Definition: A science-based approach to understanding and improving behavior.
- Key Features:
  - Focuses on positive reinforcement
  - Individualized treatment plans
  - Data-driven decision-making

#### YOUR BEEWISE TEAM

- Regional Director Marissa Cary, BCBA LBA (mcary@bewisebehavior.com)
- Supervising BCBA (please see welcome email for their contact information)
- Assessing BCBA may be different then your supervising BCBA (you can discuss this with your Regional Director)
- Behavior Therapist

Your BCBA will create a group texting thread with your child's ABA team including themselves, the therapist and you and any other family members you request. Please make sure all communication regarding your child's therapy occurs within the group chat to limit instances of miscommunication.





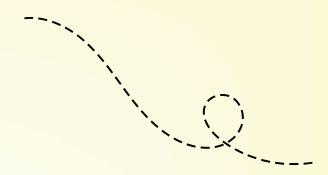
#### THE BEEWISE ABA PROCESS

#### **ASSESSMENT PHASE**

- Functional Behavior Assessment (FBA)
- Identifying strengths and areas of need
- Parent Interview
- Direct Assessments
- Developing the treatment plan and individualized goals

#### **PAIRING PHASE**

The first few sessions of your child's therapy will be focused on the therapist developing a relationship with your child! Speak to your BCBA about the specific pairing strategies that will be used.



#### **INTERVENTION PHASE**

- Teaching new skills
- Reducing challenging behaviors
- Parent Collaboration Meetings

#### **GENERALIZATION & MAINTENANCE**

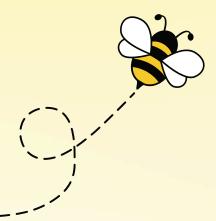
- Ensuring skills are used in different settings
- Ongoing progress monitoring





#### THE ROLE OF PARENTS IN ABA

- Implementing strategies at home
- Communicating with the ABA team
- 2 Parent collaboration meetings per month with BCBA to discuss progress and feedback
- Celebrate the milestones!!



#### **COMMON GOALS IN ABA THERAPY**

- Improving communication skills
- Enhancing social interactions
- Increasing independence in daily activities
- Reducing challenging behaviors

#### WHAT TO EXPECT IN SESSIONS

	TYPICAL STRUCTURE
•	One-on-one therapy with your child's assigned therapist
•	Structured activities & play-based learning
•	Use of reinforcement strategies
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	THERAPIST'S ROLE
•	Observing and guiding behavior
•	Teaching new skills
•	Collecting data for
	progress tracking
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#### PREPARE FOR ABA IN YOUR HOME

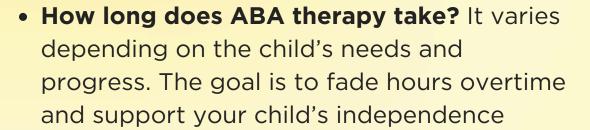
- Create a distraction free learning environment
- All weapons are to be locked and stored away, out of sight and reach of patients
- Providers will notify their direct supervisor and/or terminate the session for that day in the event they feel unsafe or there is an immediate safety concern in the home
- Ensure providers have a safe place to park when they arrive (driveway, street, etc.)
- Ensure you have access to HiRasmus, the portal where you can view data and session notes (sometimes it can be sent to spam)
- Contact your Regional Director and/or BCBA with any questions!
- We look forward to serving you and your family! WE are so excited to see their progress!

#### TIPS FOR SUPPORTING YOUR CHILD

- Reinforce learned behaviors at home
- Celebrate small victories
- Stay patient and consistent- the target is to have less than 10% cancellations per month. Please discuss upcoming absences with your BCBA to ensure consistency.
- Communicate openly with therapists and your BCBA.

## ADDRESSING COMMON CONCERNS

Will my child enjoy ABA therapy?
 Therapists focus on making learning fun and engaging!





- Is ABA only for children with autism? While most commonly used for autism, ABA can benefit individuals with various behavioral challenges.
- Can ABA occur at school? Some counties in North Carolina allow services in the school setting. Please discuss this with your BCBA directly.

### **MEASURING PROGRESS**

- Therapists will be collecting data every session on your child's goals
- You will have access to HiRasmus, our data collection system to see all data and session notes
- Contact your Regional Director if you are having trouble accessing your child's account
- Tracking skill development
- Regular progress meetings with BCBAs

#### WHO TO REACH OUT TO FOR WHAT

- Your assigned BCBA is always your primary contact for anything related to your child's progress, treatment plan and goals
  - Any clinical questions directed towards your child's 1:1 therapist will be directed towards the supervising BCBA
- Your Regional Director is an additional clinical support for any feedback regarding your child's clinical team, questions regarding authorizations and/or staffing
- Billing/Insurance questions: <u>billing@bewisebehavior.com</u>

\*\*Important: Please notify your regional director (<a href="mailto:mcary@bewisebehavior.com">mcary@bewisebehavior.com</a>) if you have any changes in your insurance and/or demographics as soon as possible.

This includes changes in assigned Medicaid

Managed Care Organizations and changes to

Commercial Insurance



#### **CONCLUSION & NEXT STEPS**

- ABA is a collaborative effort
- Parental support is key to success
- Encourage ongoing communication with the therapy team

**LETS GET STARTED!**